

ALI ARAGHI, MD

**Internal Medicine · Pulmonary · Critical Care · Sleep · Obesity
Medicine**

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PHYSICIAN · EDUCATOR · CLINICAL RESEARCHER

Board-certified physician with more than 30 years of clinical, teaching, and research experience across internal medicine, pulmonary medicine, critical care, sleep medicine, and obesity medicine. Current clinical and academic roles span private practice, hospital-based pulmonary/critical care/sleep medicine, and medical education. Extensive procedural experience in bronchoscopy, advanced airway and hemodynamic management, critical care ultrasonography, and echocardiography.

Professional Highlights

- Active ABIM certifications in Internal Medicine, Pulmonary Disease, Critical Care Medicine, and Sleep Medicine; Diplomate, American Board of Obesity Medicine.
- Clinical Assistant Professor of Medicine, Georgia College of Medicine at Augusta University.
- Founder, Auria Medical Clinics, a multidisciplinary practice in internal medicine, pulmonary, sleep, and obesity medicine.
- More than 30 years of clinical, teaching, and research experience.
- Broad ICU and pulmonary procedural expertise, including bronchoscopy, EBUS, navigational bronchoscopy, invasive and noninvasive hemodynamic monitoring, critical care ultrasonography, and ventilator management.
- Active Georgia medical and DEA licenses.

Current & Recent Appointments

2015–Present	Founder / Physician — Auria Medical Clinics, LLC, Georgia Private practice in internal medicine, pulmonary medicine, sleep medicine, and obesity medicine.
2015–Present	Attending Physician — Tifton Regional Health Center, Tifton, Georgia Critical care, pulmonary, and sleep medicine.
2018–Present	Clinical Assistant Professor of Medicine — Georgia College of Medicine, Augusta University, Augusta, Georgia
2021	Medical Director, Intensive Care Unit — Eastside Medical Center, Snellville, Georgia
2014–2015	Intensivist — Piedmont Henry Hospital, Henry County, Georgia
2011–2013	Associate / Attending Physician — Pulmonary and Sleep Specialists / DeKalb Medical Center, Decatur, Georgia
2007–2011	Attending Physician — Iowa Health Physicians / Ottumwa Regional Health Center, Ottumwa, Iowa Internal medicine, pulmonary medicine, and critical care.

Education & Postgraduate Training

2004–2007	Fellowship — Pulmonary, Critical Care & Sleep Medicine — Wayne State University, Detroit, Michigan
2001–2004	Residency — Internal Medicine — Wayne State University, Detroit, Michigan
1992–1995	Residency — Internal Medicine — Tehran University of Medical Sciences, Tehran, Iran
1985–1992	Doctor of Medicine — Kermanshah University of Medical Sciences, Kermanshah, Iran

Board Certification & Credentials

- American Board of Obesity Medicine — Diplomate, 2022
- ABIM Sleep Medicine — Diplomate 2012; recertified 2021
- ABIM Critical Care Medicine — Diplomate 2008; recertified 2017
- ABIM Pulmonary Disease — Diplomate 2007; recertified 2016
- ABIM Internal Medicine — Diplomate 2004; recertified 2015

- Iranian Board of Internal Medicine — Diplomate, 1995
- Georgia medical license and DEA registration — active

Academic & Leadership Appointments

- 2018–Present** **Adjunct / Clinical Assistant Professor of Medicine** — Georgia College of Medicine, Augusta University, Augusta, Georgia
- 2008–2011** **Adjunct Assistant Professor** — Pulmonary & Critical Care Medicine, Des Moines University, Des Moines, Iowa
- 1998–2000** **Assistant Professor of Medicine** — Tehran University of Medical Sciences, Tehran, Iran
- 1995–1998** **Assistant Professor of Medicine** — Kurdistan University of Medical Sciences, Sanandaj, Iran
- Chair, Education Committee — Ottumwa Regional Health Center (2009)
 - Medical Director, Medical Education Community Orientation (MECO) Program — Ottumwa Regional Health Center (2008)
 - Physician member, quality improvement and critical care committees at multiple institutions

Teaching Experience

- Teaching rounds for medical students as Adjunct Assistant Professor, Des Moines University (2007–2011).
- Teaching rounds and lectures for internal medicine interns and residents at Sina Hospital, Tehran University of Medical Sciences (1997–2000).
- Courses in CPR and evidence-based medicine for internal medicine trainees at Tehran University of Medical Sciences.
- Pathophysiology lectures for medical students at Kurdistan University of Medical Sciences (1995–1997).
- Clinical research methodology teaching for the cardiovascular research group at Tehran University of Medical Sciences.
- Teaching rounds as chief medical resident at Dr. Shariati Hospital, Tehran University of Medical Sciences.

Clinical & Procedural Expertise

- Bronchoscopy: >500 procedures; certified in electromagnetic navigational bronchoscopy and EBUS.
- Critical care procedures: central and pulmonary artery catheterization, endotracheal intubation, invasive and noninvasive mechanical ventilation, invasive and noninvasive hemodynamic monitoring.
- Critical care ultrasonography; certificate in critical care echocardiography and pulmonary/vascular ultrasonography.
- One year of daily echocardiography practice during residency.
- Historical procedural experience includes >1,500 upper GI endoscopies, >100 rigid/flexible rectosigmoidoscopies, liver and kidney biopsies, thyroid fine-needle aspiration, and colonoscopy.
- Basic research experience including Western blotting and protein electrophoresis.

Selected Publications & Invited Presentations

- 2026** **Precision Fluid Therapy in Sepsis: Fluid Responsiveness vs Fluid Tolerance.**
Frontiers in Medicine, 13 (2026). DOI: 10.3389/fmed.2026.1980813.
- 2024** **Comprehensive Review of Septic Shock: 2024 Update.**
10th International Congress of Pulmonary Diseases, Intensive Care and Tuberculosis, Tehran.
- 2024** **When Not to Use Non-Invasive Ventilation.**
10th International Congress of Pulmonary Diseases, Intensive Care and Tuberculosis, Tehran.
- 2022** **Precision Medicine in Sleep Breathing Disorders.**
29th Congress of Neurology and Clinical Electrophysiology of Iran.
- 2022** **Emotional Intelligence and Medical Decision Making.**
Sina Hospital Grand Rounds, Tehran University of Medical Sciences.
- 2022** **Ventilator Dyssynchrony.**
Pulmonary Update Seminar, Tehran.
- 2020** **The Lung Microbiome and Pneumonia: Where Precision Medicine Meets Pulmonology.**
Pulmonology. DOI: 10.1016/j.pulmoe.2020.04.005.

2019	Sepsis: Update and Controversies. Keynote, 9th International Congress on Pulmonary Diseases, Intensive Care and Tuberculosis.
2009	Decreased Renal Perfusion Rapidly Increases Plasma Membrane Na,K-ATPase in Rat Cortex by an Angiotensin II-dependent Mechanism. American Journal of Physiology-Renal Physiology. 297(5):F1324-9.
2006	Arterial blood pressure monitoring in overweight critically ill patients: invasive or non-invasive? Critical Care. 10(2):R64.

Additional Scholarly Work

- 1995 postgraduate thesis: Bacterial infections in bone marrow transplant patients — retrospective unit evaluation.
- 1992 undergraduate thesis: Correlation between severity of anemia and plasma androgen levels in hemodialysis patients.
- Multiple invited lectures and conference presentations in sepsis, respiratory failure, advanced respiratory monitoring, hemodynamics, sleep medicine, pneumonia, and evidence-based medicine from 1987–2026.
- 1989 medical student presentation, “The epidemiology of liver cancer in Iran,” awarded best article at the 4th National Conference of Medical Students.

Professional Interests

Clinical interests: pulmonary physiology, mechanical ventilation, hemodynamics, sleep-disordered breathing, obesity medicine, clinical reasoning, evidence-based medicine, and medical education.

Personal interests: nature photography and biking.